




















Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	(Beef/Lamb)* Burger in a Burger Bun with Salad & Spicy Wedges	Lamb & Vegetable Tikka Masala with Basmati Rice	Roast Turkey & Stuffing with Roast Potatoes and Gravy	Chicken & Sweetcorn Pasta Bake	Traditional Lamb Keema with Naan Bread
Fish	Fisherman's Pie 	Fish & Vegetable Risotto 	Breaded Fish Bake with Lemon with Roast Potatoes	Wholemeal Tuna Hoagie Melt	Fish Fingers with Chips 
Vegetarian	Chick Pea & Potato Curry with Fruity Peshwari Bread	Vegetarian Lasagne	Cheese & Leek Quiche with Roast Potatoes	Cheese & Tomato Pizza	Quorn Chilli Dog with Chips 
Vegetable Choice	Mini Corn on the Cob Mixed Vegetables	Fresh Cauliflower Garden Peas	Organic Carrots Fresh Cabbage 	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans
Dessert	Apple & Raisin Crumble with Custard 	Apricot Flapjack 	Rice Pudding with Peaches 	Orange & Lemon Cheesecake	Fresh Fruit in Jelly & Ice Cream
Daily Options	Fresh Fruit Platter / Organic Fruit Yoghurt  Cheese & Biscuits / Homemade Bread				

***Please indicate preference**

Menu from 30th October 2018 to 29th March 2019














Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Baked Sausages with Mashed Potatoes	(Beef/Lamb)* Spaghetti Bolognese	Roast Beef/Lamb* with Yorkshire Pudding with Roast Potatoes and Gravy	Chicken & Vegetable Jolloff Rice	Minced Beef/Lamb* & Vegetable Pie with Jacket Wedges
Fish	Jacket Potato with Tuna & Sweetcorn	Cod In Cheese Sauce & New Potatoes	Tuna & Sweetcorn Pizza	Fish Fingers in Bun with Salad 	Breaded Fish & Lemon Slice with Jacket Wedges
Vegetarian	Wholemeal Winter Crumble with Mashed Potatoes	Veggie Quesadilla	Quorn & Sweet Potato Curry with Rice 	Roast Vegetable Pasta Bake 	Vegetable & Lentil Curry with Rice
Vegetable Choice	Fresh Cauliflower Mixed Vegetables	Sweetcorn Fresh Broccoli	Organic Carrots Garden Peas 	Mini Corn on the Cob Roasted Peppers	Garden Peas Baked Beans
Dessert	Chocolate & Mandarin Mousse	Peach Melba Sponge Slice with Custard 	Tropical Fruit Slice 	Plum Crumble with Custard 	Fresh Fruit Salad with Ice Cream
Daily Options	Fresh Fruit Platter / Organic Fruit Yoghurt  Cheese & Biscuits / Homemade Bread				

***Please indicate preference**

Menu from 30th October 2018 to 29th March 2019





Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Spaghetti and Meatballs in a Marinara Sauce	(Beef/Lamb)* Shepherd's Pie	Roast Chicken & Yorkshire Pudding with Roast Potatoes and Gravy	(Beef/Lamb)* Lasagne	Jerk Chicken* with Chips or Rice*
Fish	Tuna Pasta Bake	Fisherman's Pie 	Herb & Lemon Crunchy Crusted Cod with Roast Potatoes	Fish in Creamy Coconut Curry with Basmati Rice 	Fish Fillet in Batter with Chips 
Vegetarian	Spanish Omelette with Baguette Slice	Vegetable Samosa with Rice, Dhal & Raita	Quorn Sausage Toad in the Hole with Roast Potatoes 	Veggie Burger in a Wholemeal Bun with Salad	Vegetarian Chill with Chips or Rice*
Vegetable Choice	Garden Peas Roasted Vegetables	Sweetcorn Green Beans	Organic Carrots Cauliflower 	Country Vegetables Garden Peas	Baked Beans Caribbean 'Slaw
Dessert	Peaches & Custard 	Chocolate & Orange Sponge with Chocolate Sauce	Scotch Pancakes with Fruit & Ice Cream	Lemon & Banana Muffin Slice 	Fruit Trifle 
Daily Options	Fresh Fruit Platter / Organic Fruit Yoghurt  Cheese & Biscuits / Homemade Bread				

***Please indicate preference**

Menu from 30th October 2018 to 29th March 2019





***Please indicate preference**

Menu from 30th October 2018 to 29th March 2019

